

# Finish Some Things



*Nothing breeds momentum more than completion. If you're anything like many women, your house and office is full of uncompleted tasks, projects and ideas. This one will get you flowing and feeling great.*

1. Make a list of unfinished business around the place

It doesn't need to be big stuff or even intellectually challenging stuff. This is more about creating momentum:

- Pairing those socks
- Sewing on that button
- Buying the planter
- Tidying that drawer in the kitchen
- Cleaning up your desk
- Organising your underwear drawer

2. Set the clock for 10 minutes each day
3. Finish some things!